

Personal Development

Critical Thinking Course Outline:

Module One: Getting Started

- Icebreaker
- Housekeeping Items
- The Parking Lot
- Workshop Objectives

Module Two: Components of Critical Thinking

- Applying Reason
- Open Mindedness
- Analysis
- Logic
- Case Study
- Module Two: Review Questions

Module Three: Non-Linear Thinking

- Step Out of Your Comfort Zone
- Don't Jump to Conclusions
- Expect and Initiate Change
- Being Ready to Adapt
- Case Study
- Module Three: Review Questions

Module Four: Logical Thinking

- Ask the Right Questions
- Organize the Data
- Evaluate the Information
- Draw Conclusions
- Case Study
- Module Four: Review Questions

Module Five: Critical Thinkers (I)

- Active Listening
- Be Curious
- Be Disciplined
- Be Humble
- Case Study
- Module Five: Review Questions

Module Six: Critical Thinkers (II)

- Seeing the Big Picture
- Objectivity
- Using Your Emotions
- Being Self-Aware
- Case Study
- Module Six: Review Questions

Module Seven: Evaluate Information

- Making Assumptions
- Watch out for Bias
- Ask Clarifying Questions
- SWOT Analysis
- Case Study
- Module Seven: Review Questions

Module Eight: Benefits of Critical thinking

- Being More Persuasive
- Better Communication
- Better Problem Solving
- Increased Emotional Intelligence
- Case Study
- Module Eight: Review Questions

Module Nine: Changing Your Perspective

- Limitations of Your Point of View
- Considering Others Viewpoint
- Influences on Bias
- When New Information Arrives
- Case Study
- Module Nine: Review Questions

Module Ten: Problem Solving

- Identify Inconsistencies
- Trust Your Instincts
- Asking Why?
- Evaluate the Solution(s)
- Case Study
- Module Ten: Review Questions

Module Eleven: Putting It All Together

- Retaining Your New Skills
- Reflect and Learn From Mistakes
- Always Ask Questions
- Practicing Critical Thinking
- Case Study
- Module Eleven: Review Questions

Module Twelve: Wrapping Up

- Words from the Wise
- Review of Parking Lot
- Lessons Learned
- Completion of Action Plans and Evaluations